

Hey Central Victoria,

HELP YOUR *Neighbour*



..... www.facebook.com/helpyourneighbour.centralvic

Hello Neighbour, my name is

I live in your neighbourhood and am happy to help out should you need assistance or support. Maybe I could:

- Pickup and drop off of groceries or medication
- Chat on the phone or email
- Post or pick up mail
- Other

Call or text me on

and I will see what I can do to help out.

Help Your Neighbour is a community campaign to encourage Central Victorians to come together and help their neighbours with simple acts of kindness in the face of COVID-19.

During hard times neighbourhoods and communities have always found ways to work with each other, share resources, check on the vulnerable and provide support for the greater good. We know there are lots of people in our community doing great things to help others and we want to show people that it's easy and practical to do the same.

Help Your Neighbour promotes positive actions and connectivity that our community needs in order to be resilient, and to best withstand the risk, uncertainty and disruption of COVID-19.

Where to get information on COVID-19

Department of Health and Human Services (DHHS): www.dhhs.vic.gov.au/coronavirus or call 1800 675 398

City of Greater Bendigo: www.bendigo.vic.gov.au/covid-19

Central Victoria **Help Your Neighbour** is an initiative of local government, government agencies and community organisations.

