WHAT'S ON

EDIBLE GARDENS

VICTORIAN BIRD WALKS

WRITING FOR WELLBEING

OCTOBER 2021

goldfieldslibraries.com



Goldfields Libraries

CHRIS HAMMER: TREASURE & DIRT

Meet best-selling author of *Scrublands*, and journalist of more than 30 years, Chris Hammer, in conversation with author Ben Hobson (*Snake Island*). Chris's latest book, *Treasure & Dirt*, is an unputdownable thriller set in a desolate outback town where police struggle to maintain law and order. Thieves pillage opal mines, religious fanatics recruit vulnerable young people and billionaires do as they please - but opals, bodies and secrets don't stay buried forever...

Treasure & Dirt is available for purchase from www.booktopia.com.au

WED 20 OCT, 7-8PM



OverDrive

WARNING: Aboriginal and Torres Strait Islanders are advised that this program contains an image of Indigenous people that have died.



DISCOVERING HISTORY: THE FORGOTTEN PEOPLE

The Ngurai-illum Wurrung.

Presented by Ngurai-illum Wurrung Elder, Uncle Vin Peters and local historian Tony Ford.

While the story of the Ngurai-illum people and their country is not well known, they have a fascinating history about which there is still much to learn.

THU 14 OCT, 5.30-6.30PM Bendigo Library

La Trobe University, BRAC, Goldfields Libraries and Golden Dragon Museum partnership.

GOOD THINKING AND BEHAVIOUR HABITS

Over the past 18 months, our lives have changed significantly due to COVID-19, and it has never been more important to be conscious of both our own mental health and that of those around us. Join Castlemaine-based clinical and forensic psychologist David Cherry as he discusses how to develop good thinking and behaviour habits encouraging us to take action within our own lives.

In recognition of Mental Health Week (9-17 Oct.)

THU 14 OCT, 6-7PM





HEATHER BLAKEY: WRITING FOR WELLBEING

Research shows that expressive writing helps calm the mind and emotions, increasing feelings of happiness and wellbeing. In this lovely workshop series, Heather will introduce guided writing activities as a gentle approach to personal wellbeing along with tools for use in your daily writing and art practice.

Come to one or come to all!

FRI 15, 22 & 29 OCT 11AM-12PM



IT HELP

One-on-one assistance with laptops, tablets and phones. Learn how to use your eReader to make the most of the library's fantastic range of eResources, or ask about a topic of interest.

BY APPOINTMENT

All libraries.

DROP-IN All library agencies.

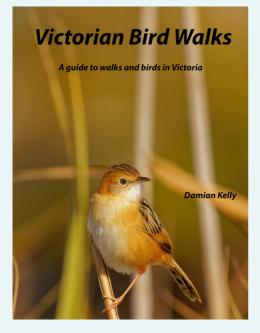
National Bird Week

Mon 18-Fri 24 Oct

AUSSIE BACKYARD BIRD COUNT

Taking part is easy! Spend 20 minutes in your favourite outdoor space, note the birds you see and submit your results to Birdlife Australia.

See for aussiebirdcount.org.au for details.



DAMIAN KELLY: VICTORIAN BIRD WALKS

Join avid bird watcher Damian Kelly, author of *Bird Walks of Castlemaine*, as he talks about his recently released companion volume *Victorian Bird Walks: a guide to birds and walks in Victoria* - a perfect celebration for this year's National Bird Week.

Books are available for purchase at victorianbirdwalks.com, Stoneman's Bookroom, The Book Wolf and the Eltham Bookshop.

THU 21 OCT, 6-7PM





CRAIG CASTREE: EDIBLE GARDENS

Discover the difference between an edible garden and a vegetable garden, and how doing one thing per day can turn your existing garden into a productive, edible, organic space.

Craig Castree is a horticulturist with 45 years experience in growing his food organically on an urban, rural block. He is the author of *Edible Gardens: a practical guide, Plant Profiles* and *A Simple Urban Life -* available for purchase at craigcastree.com.au

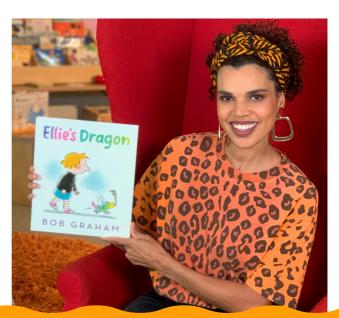
TUE 26 OCT, 6-7PM



STORYTIMES

We hope it won't be too long before we can share in person Storytimes with you again! In the meantime, check with your local library for special online and outdoor Storytimes, or take a look at our wonderful online alternatives for little people, including **Story Box Library** and **Kinderling Kids Radio**.

www.ncgrl.vic.gov.au/ekids





ROOK

NOW

EDGAR'S MISSION LIVE VIRTUAL TOUR

Come along to a virtual tour of Australia's muchloved farm sanctuary in Lancefield. Meet some of the 450 resident animals, hear their warm-hearted stories and find out about ways we can all practice kindness.

For families.

FRI 1 & 5 OCT, 2PM

EDGAR'S MISSION VIRTUAL STORYTIMES

Beautiful stories of rescued farm animals shared by Edgar's Mission's Pam Ahern.

For families.

www.facebook.com/edgarsmission

Presented via ZOOM. Session link emailed 2 hours prior to event.